



## *Kildonan House* *medical practice*

**Kildonan House**

**GP Surgery, established in 1902. New Patients Welcome.**

**Still providing care, for our Community after 122 years!**

**Your health is our priority!**

### Whooping Cough

There has been a dramatic rise in whooping cough across England and 5 babies have died. Whooping cough (pertussis) is a bacterial infection of the lungs and breathing tubes. It spreads very easily and can sometimes cause serious problems. It's important for babies and children to get vaccinated against it.

Whooping cough can be dangerous in babies under 6 months old. With whooping cough babies have an increased chance of having problems such as, dehydration, breathing difficulties, pneumonia, seizures (fits).

We encourage pregnant women to have a whooping cough vaccination. This helps protect your baby from whooping cough.

The vaccine can be administered for pregnant patients from 16 weeks pregnant.

Make an appointment to see the practice nurse. Make sure your children are up to date with all their immunisations which include whooping cough.

### Patient charter

We have started with telephone calls, we aim to answer 90% of calls within 2 minutes, and we have done a lot of work on the phone access to the surgery. We believe that we are now achieving this target.

In April we committed to our next target which was to offer a routine appointment within 2 weeks. We are now pleased to inform you all that we are achieving this target.

We will continue to monitor our achievement against the areas that we have committed to and provide you with regular updates.

### NHS health checks

We encourage all patients aged between: 40-79 that have had an invite for a NHS health check to book an appointment. The appointment will be approximately 20 minutes, and consists of a blood test, BMI recording Blood pressure check, lifestyle questions

The NHS health Check is a check –up of your overall health. It can tell you whether you're at higher risk of getting certain health problems, such as:

Heart disease

Diabetes

Kidney Disease

Stroke

During the check- up you'll discuss how to reduce your risk of these conditions.

### Don't delay book in today!

### Book via ringing the surgery or using our SystemOnline